

Rarotonga fringing reef survey, 2003 report.

For the Environment Service, Tu'anga Taporoporo, Cook Islands.

Report prepared by
Stephen Lyon



Report number 2003-11

Marine and Environmental Research Limited.

Confidential

Information contained in this document is not to be used or reproduced without the prior written consent of the client and authors

Contents

| | |
|--------------------------------------|----|
| Executive Summary | 2 |
| Introduction | 3 |
| Methods | 4 |
| Results | 6 |
| 2003 survey results..... | 6 |
| 2000 to 2003 comparison results..... | 10 |
| Conclusions..... | 14 |
| Current state of the reef..... | 14 |
| Changes since 2000 | 15 |
| Reasons for change | 15 |
| Possible trends for the future..... | 16 |
| Management options..... | 16 |
| Bibliography | 18 |
| Appendices | 19 |
| Appendix 1..... | 19 |
| Appendix 2..... | 20 |

Executive Summary

This report has been prepared on behalf of the Environment Service, Cook Islands as part of an ongoing monitoring programme of reef health of the fringing reef of Rarotonga. The initial work was carried out in 2000 and this is the first subsequent sampling and report since that baseline study.

Rarotonga remains an island relative void of polluting industries. The water quality outside the reef is not influenced by activities on the island to any great extent. Factors influencing reef health on the outer reef slope tend to remain natural, or at least environmental on a regional scale, as is the case of warm sea surface temperatures.

- The reef at ten metres exists in a degraded state with regard to coral cover and diversity.
- Coral cover has declined since the last survey in 2000.
- The coral population present is in a steady state, with no evidence of recent mortality.
- Some recovery is evident, however this is a very slow process for such an ecosystem.
- Soft corals are more abundant on the reef.
- Echinoderm numbers are significantly higher, possibly as a result of increased algae cover.
- Algal populations do not indicate eutrophication to be affecting the outer reef.

Introduction

Coral reefs provide one of the most diverse ecosystems on the planet. They are also among the most environmentally sensitive and threatened. Many factors influence the state of a reef, some natural, some anthropogenic. In order to understand how a reef is responding to the environment around it, and how best we can manage our part in that environment, monitoring of reef health is an essential tool. Standardised, ongoing monitoring of coral reefs around the world have become a key feature of many governments and NGO's management strategies for the reefs in their care.

This report represents the 2nd survey of the fringing reef of Rarotonga. The base line study on which this survey and report is based was carried out in 2000 with the intention of describing the current state of the reef and setting a base line method and data set that could be added to with future surveys. Although annual surveys are preferred as the best way to assess change and discern key factors influencing reefs, this survey still holds merit when related to the initial study.

Rarotonga is a high island of volcanic origin. The coastline of the island is characterised by a fringing reef which abuts the coast along the NE shore and forms a shallow lagoon around the rest of the island. The reef slope has similar morphology around the entire island. The shallows have a low gradient, sloping gently from the reef crest to the 12 – 15 metre contour. Here the gradient increases slightly, until a depth of around 30 – 40 metres, where the gradient increases again to around 45°. The island is isolated with no other islands or reefs within 100 nautical miles.

Land use on the island is typified by small farm plots on the coastal lowlands. On the foreshore are numerous small developments of both private dwellings and huts built for the tourism market. There is very little bare coastal land present, with most of the foreshore developed.. The majority of the islands mass is mountainous terrain covered in bush. Several small streams flow to the coast from steep sided valleys. On the outer reef the majority of stress from runoff is in the form of fine sediments, with the possibility of a little nutrification.

Methods

In 2000 10 sites were selected for monitoring of reef health on the outer reef slope of Rarotonga. The sites were selected to give a good coverage of the different aspects and conditions affecting the fringing reef of Rarotonga. Although no sites were particularly chosen as impact or control sites, care was taken to ensure the sites represent the range of different reef slope environments of Rarotonga with respect to proximity to outflows, land use and geographical aspect. The names and approximate locations of the ten sites is given in Figure 1.

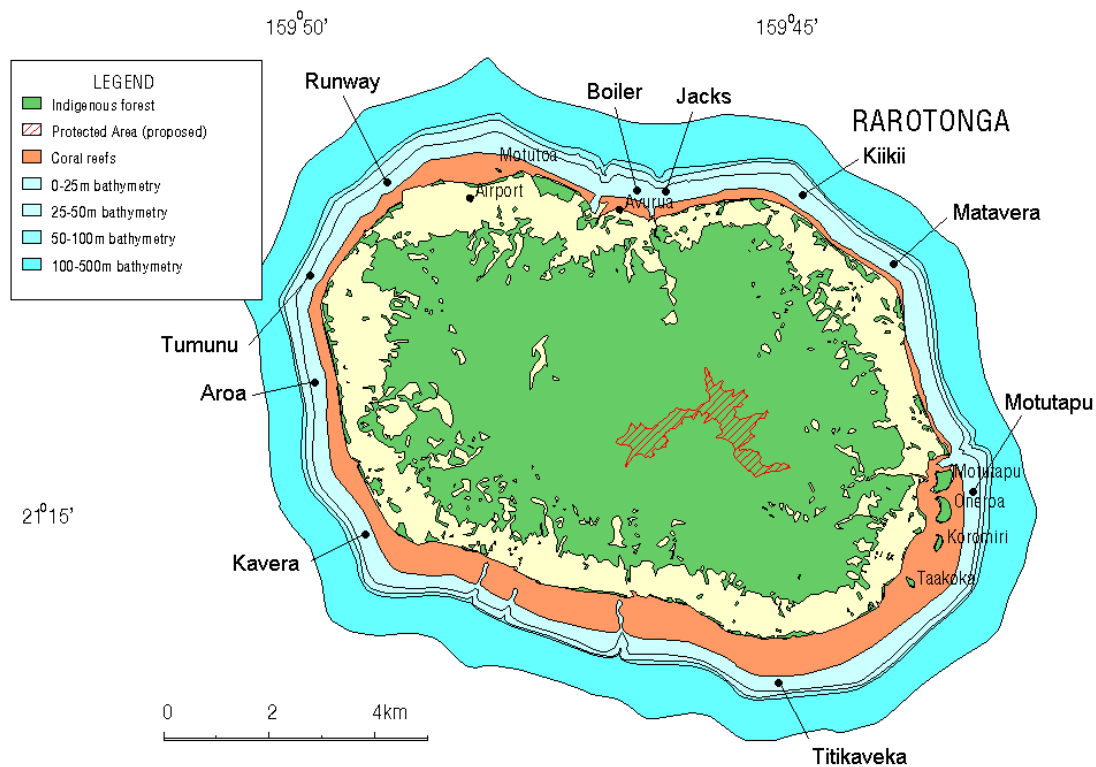


Figure 1. Location map of sites on Rarotonga

Recognizing the importance of the repeatability of the original base line survey, each site was positively marked in the 2000 survey so that they could be located and resurveyed in future studies. This study used the exact site locations as the 2000 survey, as indicated by subsurface markers. The sites are located on the surface by lining up transit marks and moving to the 10 metre depth contour. Subsurface floats and steel rods are used to mark the exact site locations underwater.

The method used in the 2000 base line survey is the Line Intercept Transect (LIT) method as described in the Survey Manual for Tropical Marine Resources, chapter 2. This methodology, devised and standardised by the Australia Marine Science Project, Living Coastal Resources, is in wide spread global use and is considered as a standard form of sampling the reef benthic environment. The same methods that were employed in the 2000 baseline survey have been repeated in this survey.

The field methods are extensively described in *Survey Manual for Tropical Marine Resources, chapter 2*.

The LIT method uses lifeform classifications to establish a ratio of benthic coverage. Categories are based on growth form of coral, algae, abiotic environments and other organisms. A complete list of all classifications used in the survey is given in Appendix 1.

At the survey site 3 replicate transects are sampled using the following method. Parallel to the reef crest, at a depth of 10 metres, a tape measure is run out 20 metres along a transect. The area for the transects was established in the 2000 survey. This survey used the same area for sampling.

Starting at the beginning of the transect, the diver moves along the tape, noting each change in the underlying benthic cover. At the transition the diver notes the current distance along the tape and the benthic category code for the corresponding organism or environment. This is repeated for every transition along the 20 metre transect. The data is recorded onto an underwater data sheet. This is repeated for each of the 3 transects.

Data is collated and analysed using Microsoft Access and Excel applications. For the purpose of this report individual lifeform categories are grouped. The groups are Acropora coral, non Acropora coral, soft coral, dead coral, algae, coralline algae, abiotic and other organisms. The data is grouped as such to give better individual totals for comparison. These groupings also give good representative data that is easy to understand.

For each group the total length of all included categories is calculated and divided by the length of the transect. This gives a fraction of the benthic environment that this group comprises. This is converted to a percentage for graphing.

$$\text{Percentage cover} = (\text{Total length of group lifeforms} / 20) \times 100$$

This is calculated for each transect. The three transects are then averaged and standard deviations of each group calculated.

Results

2003 survey results

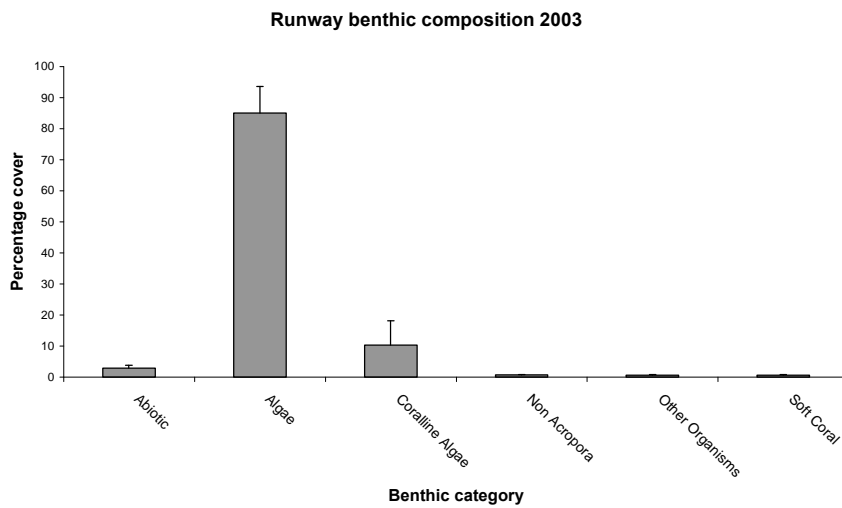
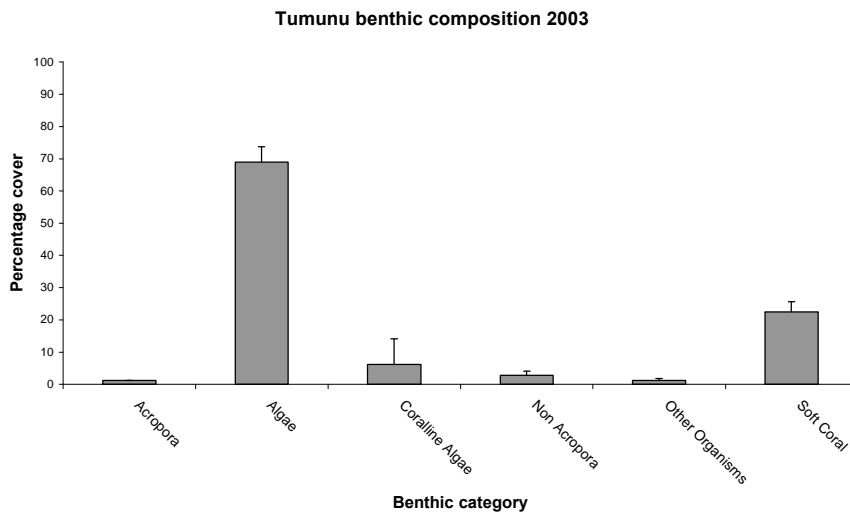
Results are given here in graph form for each site. Appendix 2 contains all figures used in these graphs.

All sites around the entire fringing reef indicate a similar trend. The dominating group of benthic organisms are algae. Most algae are fine, turfing algae or an assemblage of encrusting, turfing and some red algae. Macro algae is not very common, although was noticeable at sites where it had not been previously observed. These sites are Matavera and Motutapu.

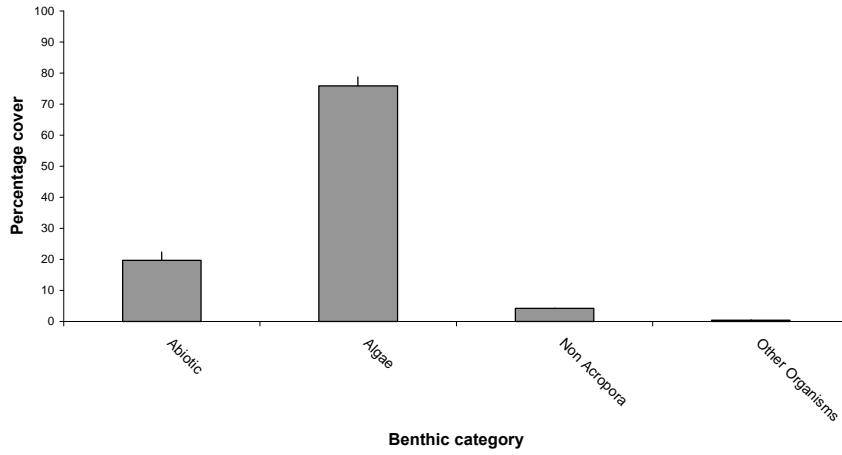
Coral cover is very low with low total coverage, an almost total absence of *Acropora* spp., and low species diversity of what is present. The two most common genus of coral are *Pocillipora* spp. and *Leptoria* spp. Some sites have high numbers of very small colonies, indicating recruitment. However, with regard to total coral cover these juveniles are fairly insignificant. These recruits are most present at Boiler, Jacks and Kiikii sites. Diver observations indicate that coral cover is higher in shallower depths, and possibly also at deeper depths. Possible reasons for this will be discussed later. Other organisms represent an increasing proportion of the benthic cover. This category is represented completely by the black spiny urchin, *Echinothrix diadema*.

There is a total absence of recently (<1 year) dead coral in the data and this is reflected by broader observations made from the sites during the survey. Soft coral is most abundant on

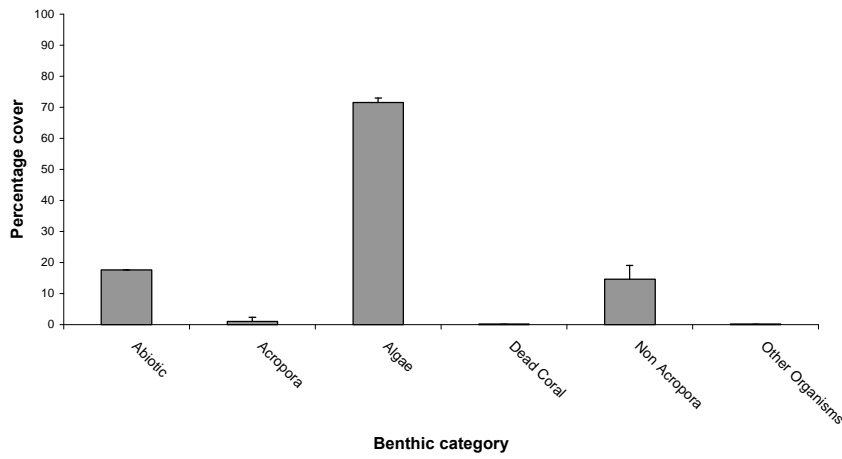
the southern side of the island. Abiotic conditions are expected, and are comprised mostly of sand and rubble held within shallow fissures running perpendicular the reef crest.



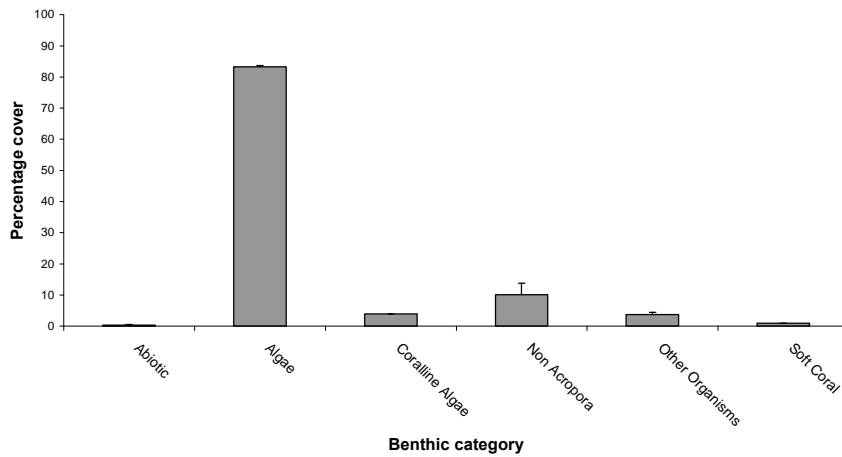
Boiler bethic composition 2003

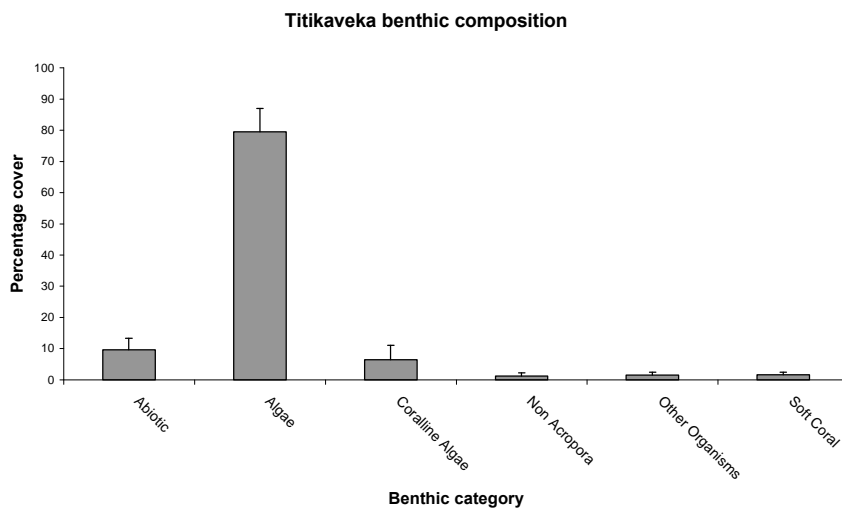
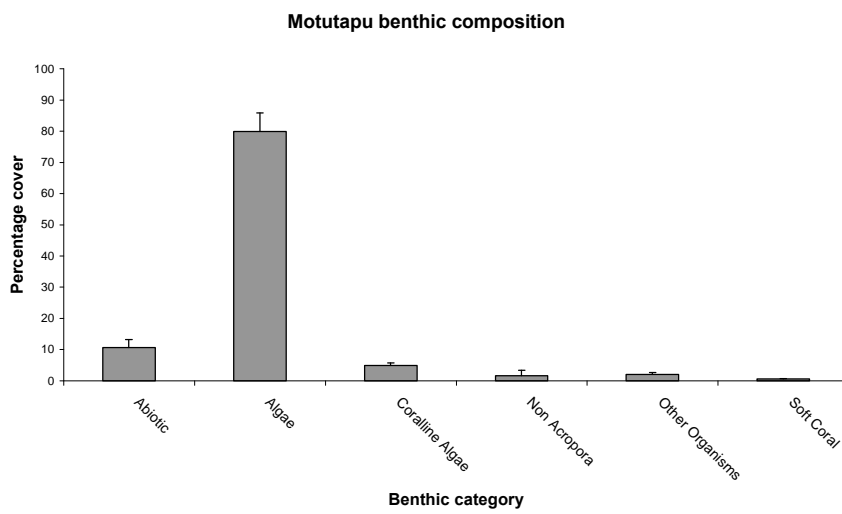
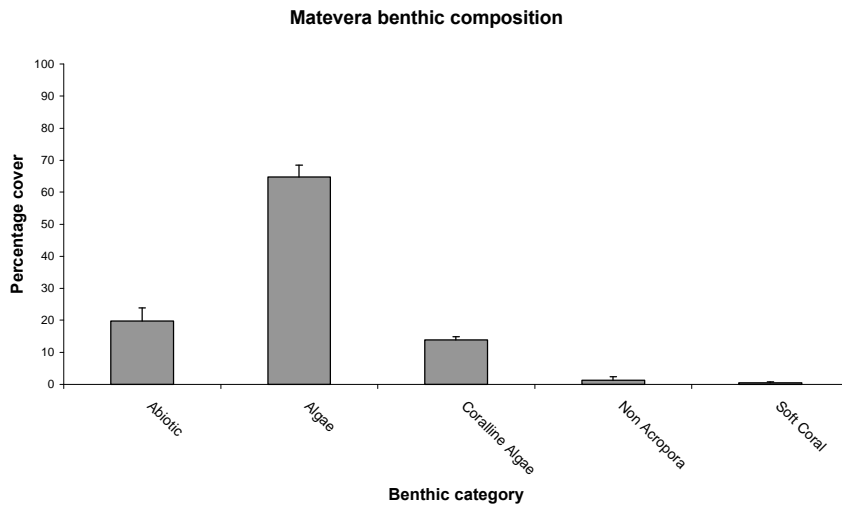


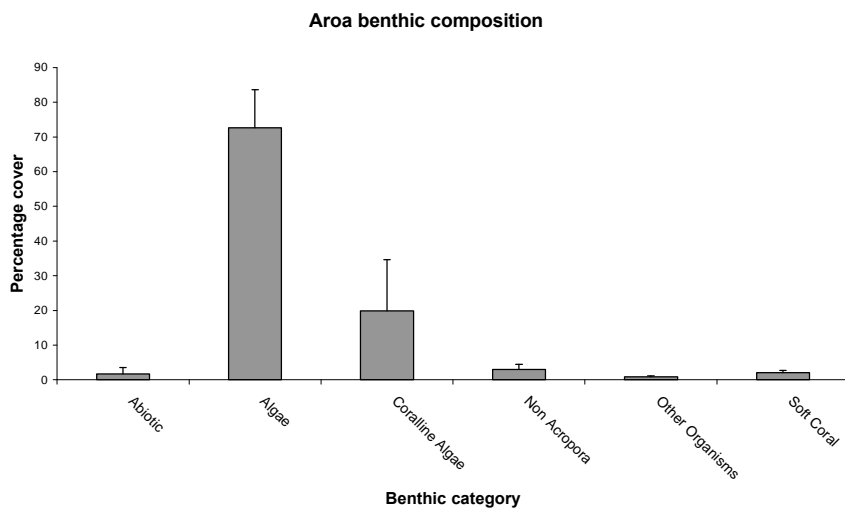
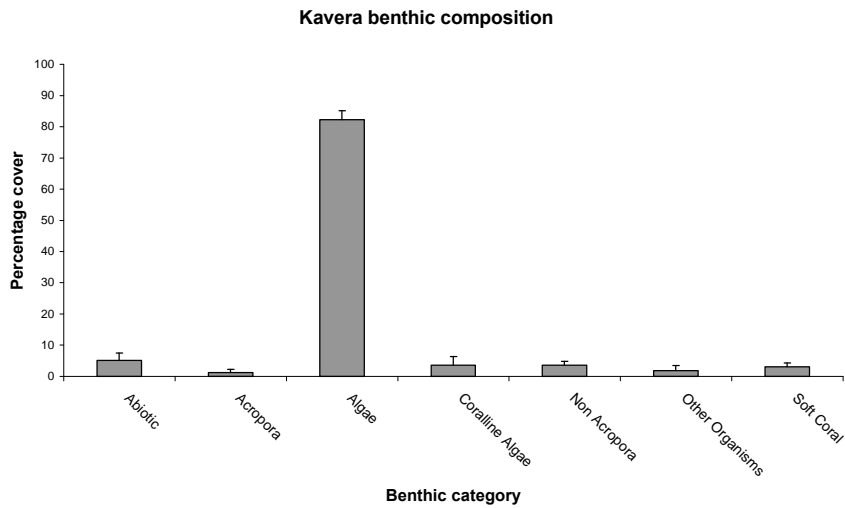
Jacks bethic composition



Kiikii bethic composition







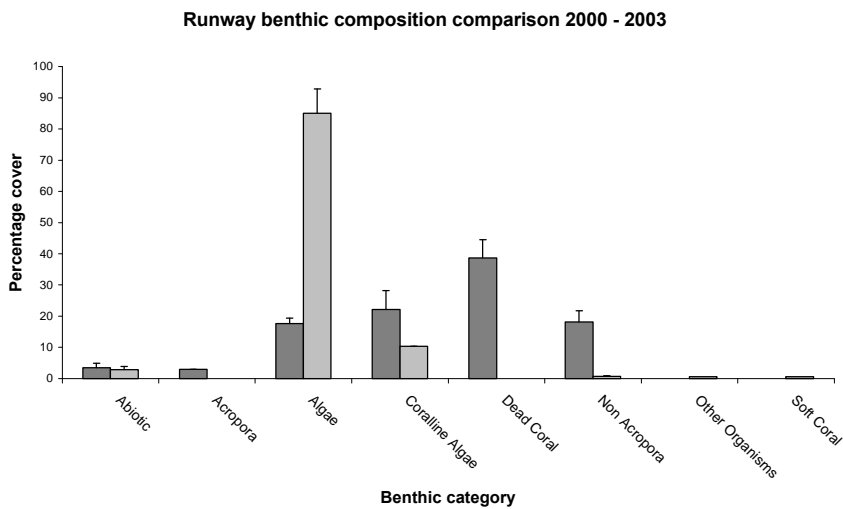
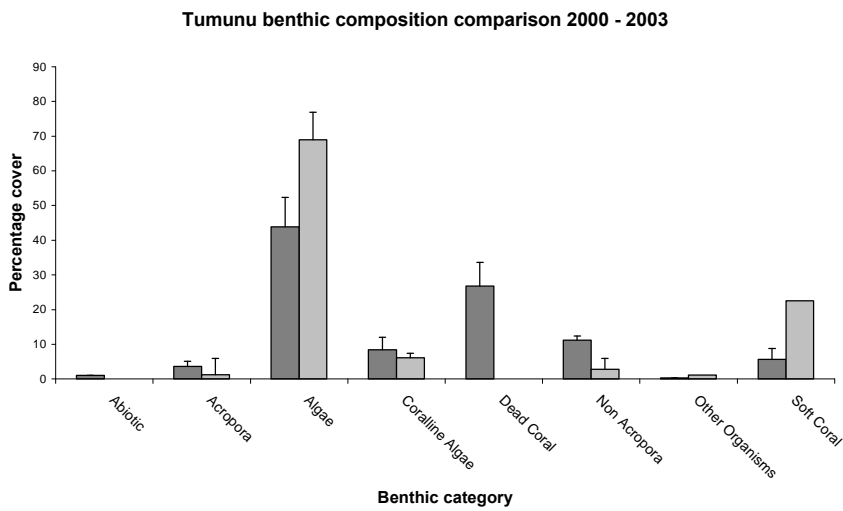
2000 to 2003 comparison results

This same survey was conducted as a base line study in 2000. In order to assess change over time the two data sets are compared. Here results from the two surveys are graphed against each other for each site. All the data used in these graphs is given in Appendix 2. 2000 figures are indicated by the dark shading and 2003 results are indicated by the light shading.

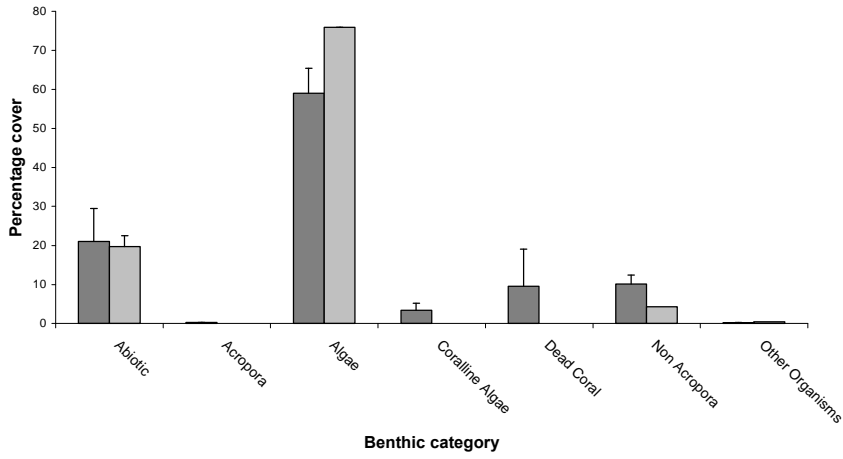
There are some common themes that are evident at all sites. A reduction in total coral cover, including a reduction in *Acropora* spp. which renders most sites completely absent

of this important genera. The absence of recently dead coral in the 2003 survey compared to the fairly common occurrence of this category in 2000. An increase in the algae cover, particularly fine filamentous and turfing algae. Other organisms also made an appearance at sites where they were previously absent. This category is comprised solely by the organism, *Echinothrix diadema*, the black spiny sea urchin.

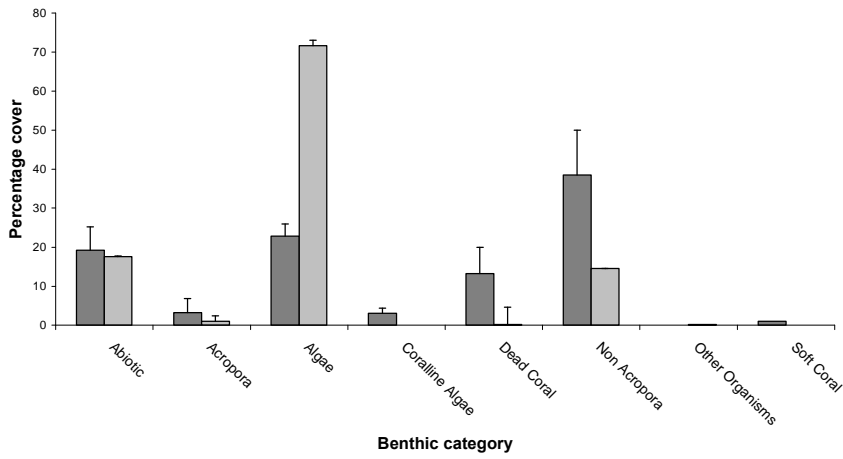
Refer to the graphs below for a comparison of the two sampling periods. The data for these graphs is given in Appendix 2.



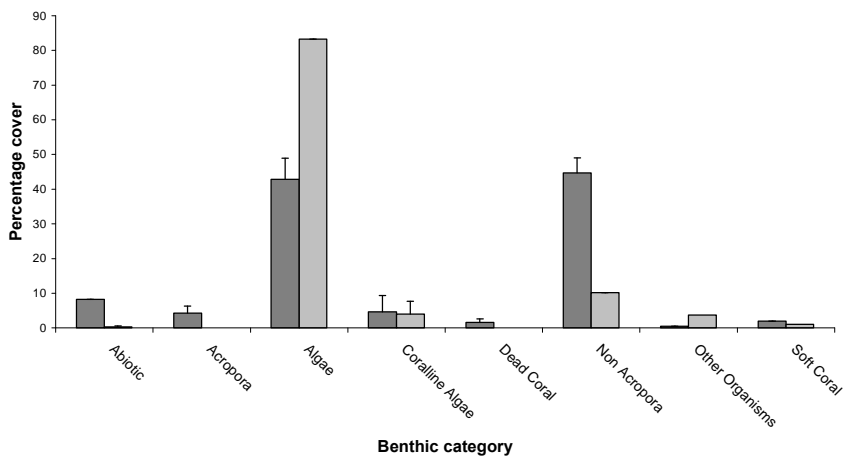
Boiler benthic composition comparison 2000 - 2003



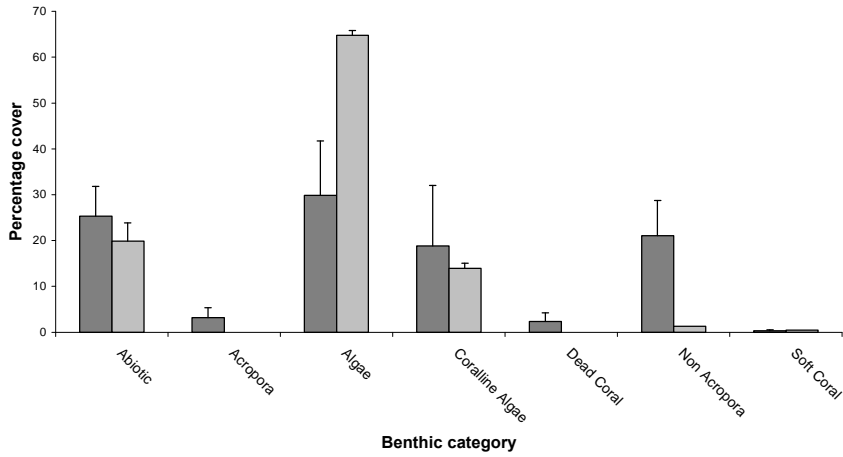
Jacks benthic composition comparison 2000 - 2003



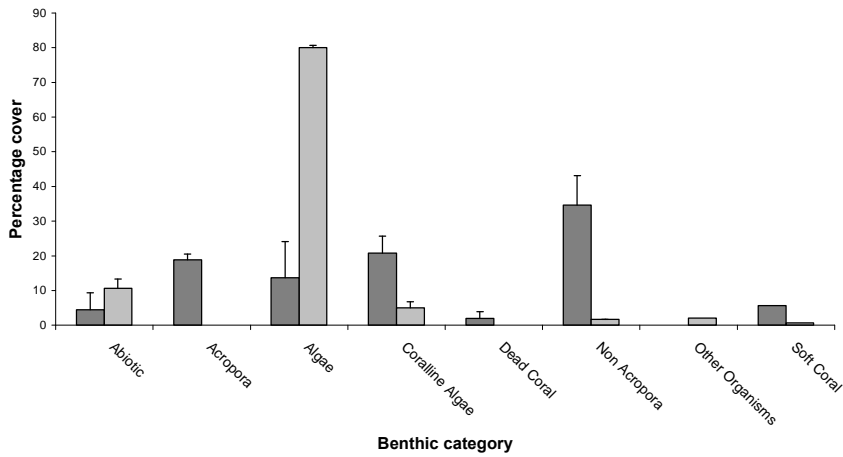
Kiikii benthic composition comparison 2000 - 2003



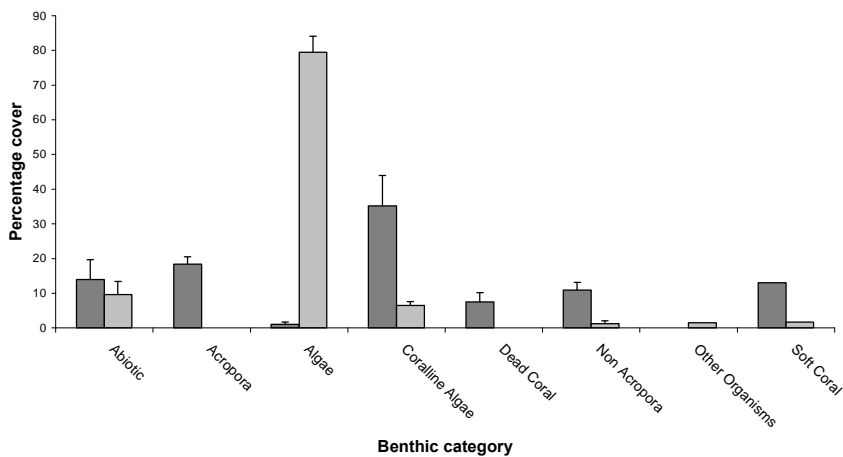
Matavera benthic composition comparison 2000 - 2003



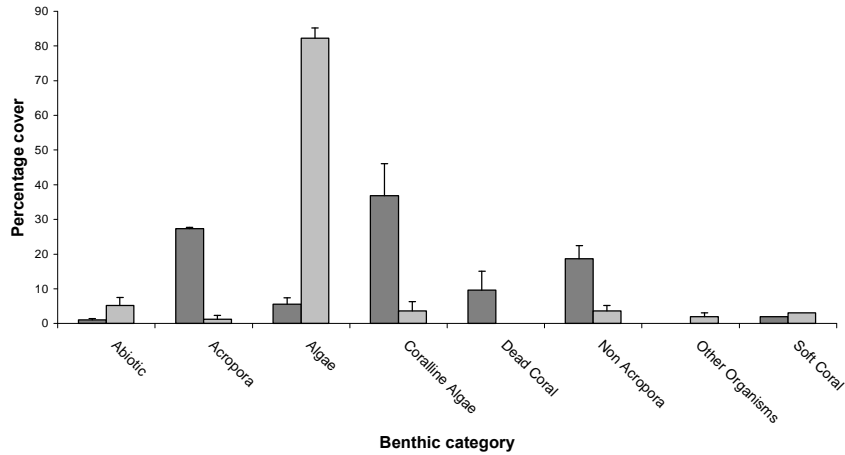
Motutapu benthic composition comparison 2000 - 2003



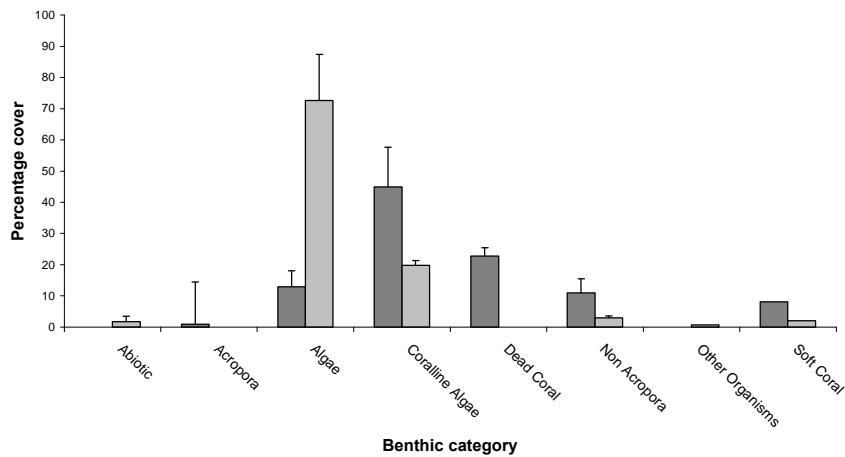
Titikaveka benthic composition comparison 2000 - 2003



Kavera benthic composition comparison 2000 - 2003



Aroa benthic composition comparison 2000 - 2003



Conclusions

Current state of the reef

Data from this survey indicates the state of the fringing reef of Rarotonga, at a depth of ten metres, is in a degraded state. Some variability around the island exists, with the Jacks site showing the highest coral cover. There is not enough variability to identify any other trends relating to location around the island. Each site is dominated by algae, with urchins present. Soft coral is present at some sites in reasonable abundance. This indicates some early recovery of the reef. Another positive sign is the absence of recently dead coral. Although coral cover is low, some sites do show recruitment, and what live coral is present

is does not indicate any mortality. To this regard the reef seems to be in a stable state. Algae cover is high, and as a result, grazing urchins are high in abundance also.

With regard to algal abundance, two mechanisms are considered. Firstly, that algae is establishing where bare rock surfaces allow, being a primary colonist. Secondly, that water quality is such that algae growth is promoted, usually through nutrification. In the case of Rarotonga, it is unlikely that nutrients are having an effect outside the reef at a depth of ten metres for the majority of the island. The algae that is present is no different that in the past, there is simply more of it. If nutrients were having an impact the types of algae would be different, with more fleshy green algae, and other macro algae's dominating. Encrusting Coralline algae still has good representation as part of the algae matrix, and is typical of healthy reef environments.

Changes since 2000

The reef has some noticeable changes in the 3 years since the past survey. In order to better understand how the reef is evolving this study should be more frequent, with annual sampling being optimum. For the most part live coral and recently dead coral has been replaced by algae. An increase in urchins is also worth noting. In contrast, there was a complete absence of Crown of Thorn (COT) Starfish in the 2003 survey. In 2000 the reef was actively being impacted on by heavy grazing by the COT on hard corals, most notably *Acropora* and *Favia* spp. The coral cover in shallower water, and also deeper, where coral species differ, appears considerably higher than at the sampling depth of 10 metres. In shallows COT are affected by wave action. In depths shallower than 6 metres *Pocillopora* spp. and *Leptoria* spp. are still quite abundant. Deeper, large *Porites* spp. colonies and other corals are visible.

Reasons for change

Due to the snap shot nature of this survey the mechanisms for change cannot be conclusively identified. However the most likely cause of the current low levels of coral cover is most probably COT grazing. Previous to and during the 2000 survey COT were impacting significantly on coral populations, in particular *Acropora* and *Favia* spp. The absence of these major groups in 2003 could be attributed to continued grazing pressure by COT. At present there are very few COT starfish on the reef, with none appearing at any

of the survey sites. This is a result of a lack of coral to form their diet and is typical of the boom and bust cycles of COT, experienced elsewhere.

Possible trends for the future

Several factors influence the state of any natural environment. Coral reefs are a particularly sensitive ecosystem that respond to environmental stress quickly, but take a long time to recover. Rarotonga is in a relatively fortunate position where high water temperatures and nutrification do not play a significant role. If nutrients on the reef did increase then algae would become a hindrance to coral recovery. Currently algal species present at most survey sites do not indicate this to be an issue.

In the near future soft corals are likely to establish, with a long, slow recovery process for hard corals to follow. Little is understood about coral recruitment on solitary islands, like Rarotonga. In any case, corals are slow growing, and recovery back to pre 1999 state could take as long as 20 years. If COT maintain a continuous presence and predate on emerging corals, then the current state could become the norm.

Management options

Managing for a healthy environment is all encompassing. Although water quality outside the reef is good this will be influenced to some extent by the water quality from the lagoon and from stream runoff around the NE coast of the island. Effective environmental management of these environments, in particular reducing nutrient levels, will benefit the fringing reef.

COT have been identified as having a significant impact on hard coral populations. Managing their density and distribution would invariably assist the survival of hard corals however the methods of control must be such that extra stresses are not created. The historical method of injecting toxins into the COT have been proven to be detrimental to coral in the vicinity, as even a small amount of the toxin in the surrounding water will kill nearby corals. To this end, COT control is labour and time intensive, probably requiring some sort of physical collection and removal of the organism.

Other activities impacting on the reef also need to be addressed. An increase in dive operators will be having an impact on the reef by way of anchoring and diver interaction.

Although scuba is generally non destructive there is still a need on Rarotonga to address the anchoring of boats. Permanent moorings are the excepted norm in most areas around the world, and this practice should be promoted here also.

The practice of fish collection for the aquarium trade also impacts on corals, as *Acropora* and *Pocillopora* branches are broken off to gain access to fish hiding there. Although the local operators are generally very environmentally aware a code of conduct for this industry would assist in reducing the impacts of this activity.

Bibliography

English, S. *et al* (1994). **Survey Manual for Tropical Marine Resources**. Townsville.

Lyon, S.J. (2000). **Base line survey and long term monitoring programme of the outer reef, Rarotonga, Cook Islands**. For Environment Service, Cook Islands.

Miller, I. (1999). **National training course on coral reef survey and monitoring techniques**. Samoa.

Miller, I. *et al* (1994) **Report on baseline surveys for monitoring the fringing reef of Rarotonga, Cook Islands**. Unpublished.

Appendices

Appendix 1

| CATEGORY | SUB CATAGORY | CODE | NOTES / REMARKS |
|-----------------------|------------------|------|--|
| Dead coral | | DC | Recently dead, white to dirty white |
| Dead coral with algae | | DCA | This coral is standing but no longer white |
| Acropora | Branching | ACB | At least 2 deg of branching |
| | Encrusting | ACE | Usually the base plate of immature acropora forms |
| | Submassive | ACS | Robust with knob or wedge like form |
| | Digitate | ACD | No 2 deg branching |
| Non Acropora | Tabulate | ACT | Horizontally flattened plates |
| | Branching | CB | At least 2 deg of branching |
| | Encrusting | CE | Major portion attached to the substrate |
| | Foliose | CF | Coral attached at one or more points, leaf like appearance |
| | Massive | CM | Solid boulder or mound |
| | Submassive | CS | Tends to form small columns knobs or wedges |
| | Mushroom | CMR | Fungia |
| Soft coral | Millepora | CME | |
| | Heliopora | CHL | Blue coral |
| Sponges | | SC | Soft bodied corals |
| Zoanthids | | SP | |
| Others | | ZO | |
| Algae | | OT | Ascidians, anemones, gorgonians, clams |
| | Algal assemblage | AA | Consists of more than one spp. |
| | Corolline algae | CA | |
| | Halimeda | HA | |
| | Macroalgae | MA | Weedy fleshy browns, reds, etc |
| Sand | Turf algae | TA | Lush filamentous algae |
| | | S | |
| Rubble | | R | |
| Silt | | SI | |
| Water | | WA | Fissures more than 50cm deep |
| Rock | | RCK | |
| Other | | DDD | Missing data |

Appendix 2

Table of results.

| Sample ID | Abiotic | Acropora | Algae | Coralline Algae | Dead Coral | Non Acropora | Other Organisms | Soft Coral |
|-----------------|---------|----------|--------|-----------------|------------|--------------|-----------------|------------|
| Tumunu 2003 | 22.533 | 1.250 | 68.967 | 6.125 | | 2.800 | 1.200 | |
| Runway 2003 | 3.383 | | 85.033 | 10.350 | | 0.775 | 0.717 | |
| Boiler 2003 | 19.700 | | 75.900 | | | 4.300 | 0.450 | |
| Jacks 2003 | 17.575 | 1.050 | 71.625 | | 0.150 | 14.600 | 0.150 | |
| Kiikii 2003 | 0.875 | | 83.275 | 4.000 | | 10.100 | 3.750 | |
| Matevera 2003 | 20.300 | | 64.750 | 13.917 | | 1.283 | | |
| Motutapu 2003 | 10.575 | | 80.725 | 5.000 | | 1.650 | 2.050 | |
| Titikaveka 2003 | 11.300 | | 79.450 | 6.500 | | 1.250 | 1.500 | |
| Kavera 2003 | 8.300 | 1.250 | 82.200 | 3.583 | | 3.583 | 1.917 | |
| Aroa 2003 | 3.783 | | 72.617 | 19.833 | | 2.967 | 0.800 | |
| Tumunu 2000 | 1.000 | 3.667 | 43.833 | 8.417 | 26.833 | 11.167 | 0.250 | 5.667 |
| Runway 2000 | 3.500 | 3.000 | 17.583 | 22.217 | 38.700 | 18.167 | | |
| Boiler 2000 | 20.983 | 0.250 | 59.000 | 3.367 | 9.500 | 10.100 | 0.200 | |
| Jacks 2000 | 19.167 | 3.250 | 22.833 | 3.083 | 13.250 | 38.500 | | 1.000 |
| Kiikii 2000 | 8.250 | 4.283 | 42.850 | 4.625 | 1.583 | 44.650 | 0.500 | 1.900 |
| Matevera 2000 | 25.333 | 3.250 | 29.867 | 18.883 | 2.417 | 21.083 | | 0.375 |
| Motutapu 2000 | 4.417 | 18.883 | 13.667 | 20.833 | 1.917 | 34.617 | | 5.667 |
| Titikaveka 2000 | 14.000 | 18.417 | 1.000 | 35.167 | 7.500 | 10.917 | | 13.000 |
| Kavera 2000 | 1.000 | 27.333 | 5.583 | 36.833 | 9.583 | 18.667 | | 2.000 |
| Aroa 2000 | | 1.000 | 12.917 | 44.917 | 22.833 | 10.917 | | 8.083 |